

## A8 EPOCH, EPISTLE & EPIPHANY: Thinking in Threes

### A8 SUPPLIES

**Pens:** A fine point black permanent pen: (Micron 0.3 and smaller, or any equivalent), white gel pens and/or white china markers, and any other tools you like to write with  
**Ink/Paint:** Watercolors (tube) – warm and cool red, warm and cool yellow and warm and cool blue; white gouache (permanent white); acrylic paint: Azo yellow, Cadmium yellow, Quinacradone red, Cadmium red, Phthalo blue, ultramarine blue and white (I prefer Golden acrylic for quality and intensity of color – tubes, jars or liquid are okay.)  
**Sumi and/or walnut ink Paper:** 3-4 sheets of Arches Text Wove (25" x 40" sheets, torn down to quarter size – people work at different speeds, so this is an estimate). 1 sheet of Arches black or white cover paper. 11 x 14 pad of inexpensive paper for practice. I recommend bringing Arches text sheets at 1/4 size for travel, and to have some pre-gessoed, so that you can work both with and without gesso.  
**Misc:** Kneaded eraser, ruler, pencils (2B, 3B, 4B and 2H), palette or plate to mix color (or palette paper), water container, pint containers with lids (if you want to mix larger quantities of paint with mediums), a range of sizes of brushes for acrylic paint, brushes for mixing paint, and a small pointed watercolor brush (whatever sizes you have, 0-6), glue stick, bone folder (optional), paper towels or rags.  
**I will bring:** rubber gloves, sandpaper, molding paste, sponges, linen thread, wax finish, methyl cellulose, pastels, materials for portfolio details.  
**Materials Fee:** \$10

**E**poche implies an expanse of time; epistle, that we have something to express; and epiphany, that there is the imminent possibility of a sudden leap in our understanding. The stories that have been handed down over time often echo this pattern of three in the recurrence of three sisters, three wishes, three chances, etc.

In this class we will work on three pieces at a time. Three is a number of creativity and movement, and mitigates the dilemma of blocks that occur when all of our focus rests on the outcome of a single piece. This focus will be extended to the music and poetry that we listen to, and in the rhythm of the day.

Each student will make several series of three paintings. Techniques will include color study, composition (with or without text), collage, drawing and texture.



## Laurie Doctor



Laurie Doctor is a painter and calligrapher whose work is in collections in the United States and Europe. Her work is based on language, image and contemplative practice. She teaches and creates spontaneous performance art at Naropa University, as well as offering workshops and lectures internationally. Her home is outside Louisville, Kentucky.  
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